

BREAKFAST

MON TO FRI 7 AM - 11 AM
SAT AND SUN 7 AM - 11:30 AM

CAPPUCCINO	6
LATTE	6
SINGLE ESPRESSO	4
DOUBLE ESPRESSO	6
STARBUCKS COFFEE	6

TEA

SELECTION OF TEAVANA TEA	6
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JUICE

ORANGE	6
GRAPEFRUIT	6
APPLE	6
CRANBERRY COCKTAIL	6

ENHANCEMENTS

ASPARAGUS	7
SLICED BANANA	3
MIXED FRUIT SALAD	8
BACON	6
MAPLE PORK SAUSAGE	7
PEAMEAL BACON	7
BLACK FOREST HAM	6
BREAKFAST PASTRY	3

A 15% GRATUITY WILL BE ADDED TO PARTIES OF 8 OR MORE.

KINDLY SPEAK TO YOUR SERVER IF YOU HAVE ANY DIETARY REQUIREMENTS OR ALLERGIES.

RISE & SHINE

AZURE QUINTESSENTIAL	24
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*Two eggs any style + breakfast potatoes + select one:
Bacon / maple pork sausage / black forest ham*

PROVIDENCE OMELETTE	22
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*Select three: asparagus / mushrooms
providence white cheddar / ham / peppers / onions
Served with breakfast potatoes and choice of toast
Egg white omelette: Add \$2*

Q2	24
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*Two eggs any style + mushrooms + baby spinach
+ avo smash + Fior di latte + olive oil + roasted almonds
Served with choice of toast & tomato gratin*

ST. LAWRENCE MARKET	24
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*Peameal Benedict
English muffin + avo Smash + breakfast potatoes
Served with two poached eggs & hollandaise sauce*

EGG & SAUSAGE HASH	21
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Chorizo + peppers + Spanish onion + potato + cherry tomato + egg

BLTE BREAKFAST SANDWICH	22
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*Bacon, lettuce, tomato & egg on Fred's Brioche
Served with breakfast potatoes*

WELLNESS

SUPERFOOD BREAKFAST BOWL	19
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*Quinoa + avocado + toasted pepita + roasted butternut squash + kale
+ honey Dijon dressing*

GRANOLA & CHIA SEED PARFAIT	15
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Granola + chia seed + honey + blueberries + banana

BLUEBERRY PARFAIT	15
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yogurt + mixed berries + granola

OATMEAL & BERRIES	14
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toasted almonds + sunflower seeds

CONTINENTAL	22
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*Fruit berries + Gunn's Hill brie & Mariposa goat cheese
+ berry compote + choice of toast or breakfast pastry*

CREATIVE TOASTS

BELLA STUFFED FRENCH TOAST	22
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*Bella Casara whipped lemon ricotta + caramelized gala apples
+ maple syrup + pecans*

STRAWBERRY NUTELLA FRENCH TOAST	22
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Nutella + strawberry + maple syrup

KIDS MENU:

KIDS SPECIAL	21
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*Choice of French Toast or Banana Pancakes
Served with yogurt + fruit and a choice of juice or milk*

BANANA PANCAKES	10
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ONE EGG YOUR STYLE	12
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Home fries, crispy bacon, toast

CEREAL WITH MILK	8
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BED & BREAKFAST PACKAGE:

PLEASE SELECT ONE OF THE FOLLOWING ITEMS:

Two eggs any style + breakfast potatoes + select one:
Bacon / maple pork sausage / black forest ham

Peameal Eggs benedict on an English muffin + avo Smash + breakfast potatoes.
Served with two poached eggs & hollandaise sauce

French Toast with Bella Casara whipped lemon ricotta + caramelized gala apples
+ maple syrup + pecans

Blueberry Parfait with yogurt + mixed berries + granola

Continental Breakfast with fruit berries + Gunn's Hill brie & Mariposa goat cheese
+ berry compote + choice of toast or breakfast pastry

All items include a selection of Juices, Coffee or tea.